

HOW PARENTS *Can Help Their Children* **PRACTICE PIANO**

1 Sit down with your child immediately after the piano lesson. Ask him/her to show you the teacher notes, demo the newest material, and tell you what was covered in the lesson.

2 Establish a realistic and predictable practice time that can happen easily every single day... regardless of other family activities.

3 Give your undivided attention.

4 Start practice routines early in the week to avoid "cramming".

5 Problem solve together when your child gets "stuck". Use cues from the book, teacher notes, and previously completed material to aid the problem-solving process. Be in touch with your child's teacher to ask questions when needed. If all else fails, encourage your child to improvise a solution.

Inform yourself of the basic skills you will need to help your child at home. By following along with your child as they learn, you too can gain the knowledge you may need to assist with practice.

6 Allow free exploration on the piano. It may sound like "noise", but your child is actually making important connections. Free play also serves as a confidence-boosting, creative outlet.

7 Encourage frequent and short "stop-overs" on the piano in addition to your child's structured piano practice time.

Be present, attentive and
encouraging